



FULL MOON & NEW MOON PREP AND RITUAL

Linda J. Wagner

FULL MOON PREPARATION



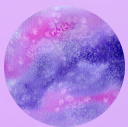
The BEST time to activate is when the full, or new moon or eclipse is 100% EXACT!!



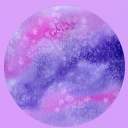
If this is not convenient with your personal schedule, it is also completely auspicious to activate 1 day before, the day of, and the day after. However, the evening of, when the moon is bright and full, is the best! Sometimes the moon is 100% full in daylight. Of course, you can activate it, but you can also use that wonderful bright moon the evening of or before.



Meditate and/or pray during the days of the full moon to keep your subconscious and spirit strong. Any way you meditate is FINE!! There are no rules. Pray for protection for you, your family, your environment, and your possessions, including pets.

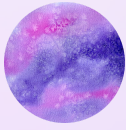


This is a great time to light candles and incense, play soft music, and add to your environment to add an energizing boost. It's convenient for maintenance. If you do this at a full or new moon, then you make it a habit!



I find dusting and sweeping is magical right before or at a full moon. It literally and metaphorically sweeps away negative or stuck energy, acting like a cleansing. I also, importantly, sweep and clean my front porch or entryway. After all, brooms are not just for flying!!

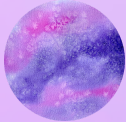
FULL MOON PREPARATION



Write in your journal, especially if you don't have time daily, as many of us do not. This is a great time to force yourself to write, if only for a day or 2 times a month. Record what you are thankful for and what you are experiencing. Also, during a New Moon, you will set goals and intentions.



Put out your trinkets under the light of the full, as well as the new moon, to charge them, even if it's cloudy because the energy is there. I always put these things out ... crystals, stones, tarot cards, photographs, jewelry, water, soap, bank cards, wallet, checkbook, and anything that is special that you want to spice up with positive energy.



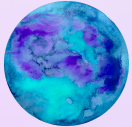
ALWAYS TRY to take a moon bath (or rather moon tan), even when the moon is not full, ESPECIALLY when the moon is full. We lay out in the sun or are always soaking up the sun. Do this for the moon (and stars) as well because you have just as much energy to absorb.



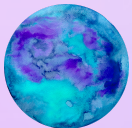
Take a cleansing/purification bath at or near the full moon and new moon. You will need Epsom salt, sea salt, and baking soda. Fill the tub with HOT water. Pour equal parts of each. Soak. Submerge your body completely, hair too. After a bath, you can rinse your hair in the shower. This is very cleansing and metaphysically healing.

FULL MOON RITUAL

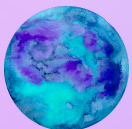
BEGIN YOUR RITUAL BY STANDING UNDER THE FULL MOON



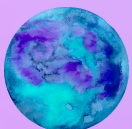
Write down on a piece of paper your fears and frustrations that you want to “burn” off. Anything you want GONE!! Then hold them out and burn them! You can make up any incantation, prayer, or statement you like.



Thank the Heavens for their safety, power, and protection, as well as beauty and majesty. Write a prayer, incantation, or statement that suits your needs and blessings for that moon.



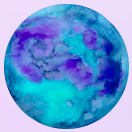
With your wand (the best wand is a small or medium tree branch from your yard that has fallen for you), shield yourself by circling your body, and then swirl a figure 8 around you. That’s the infinity symbol. I also shield my property, and in my mind, my loved ones, while I walk around.



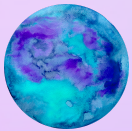
Invite the friendly loving spirits, angels, faeries, loved ones, and even your pets to be with you to enjoy this magical event!

FULL MOON RITUAL

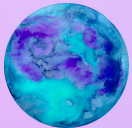
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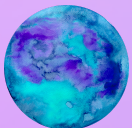
Avoid void-of-course moons. Use this time for cleaning, catching up, and organizing, don't start anything new that's IMPORTANT!! You can easily google a table of void-of-course moons.



Always check your personal chart for where the moon is traveling. This will always affect the lunar cycle. Especially check what sign the moon is in.



During the moon cycles, especially the Full Moon, set out your magical tools in the moonlight for charging. Set out your crystals, wands, oils, photographs, and jewelry, anything you want to be charged by the moonlight. I also set out bottles of water, my bank cards, my keys, my soap, and shampoo!



Spend as much time as you can under the full moonlight to absorb the energy.



Hi, I'm Linda J. Wagner

The universe is a symphony. It's an infinite composition of movements, harmonies, and frequencies. To find one's rhythm within it, is to discover one's purpose. Linda Wagner is a creative force and a professional educator of 20+ years who found her rhythm as an accomplished professional Educator and gifted Author, Poet, and Astrologer.

As an intuitive with an acumen for writing, Channeling became another organic outlet, and Astrology became her sheet music. Linda found her own distinct voice and technique of channeling and communicating her astrological messages with artistry and panache.

As an Author and Poet, Linda understands how to captivate her readers, taking them on a dreamy and imaginative journey full of marvel and enchantment. If just for a moment, you will escape the rituals and humdrum of everyday life to a fantastical world full of magical wonder. Her debut poetic tale, *The Maiden's Journey: And Other Tales of Magical Creatures*, was the perfect introduction of Linda's creativity and captivating storytelling. Her sophomore feature, *Faeries at Midnight: And Other Magical Tales*, is a story, rich in faerie tale imagery and creative narration, enchanting readers of all ages. Linda is currently working on her third book.

Linda J. Wagner holds a Master of Arts in Education and a Bachelor of Arts in Liberal Arts. Ms. Wagner has been an educator professionally and in heart for twenty years. She values literary artistry and merit above all else and receives creative inspiration for her work through her literary and creative studies. Ms. Wagner's goals are to educate, inspire, and create for children and adults.